

PUBLICATIONS RELATING TO PASTORAL CARE AND MENTAL HEALTH

FOR PASTORAL CARERS (FAITH PERSPECTIVES- page 1)

TITLE	AUTHOR	PUBLISHER	ISBN NO.	Any comments
Meaning in Madness: The Pastor and the Mentally Ill	John Foskett	SPCK	0-281-041-288	Both these books are very helpful and
Helping the Helpers	John Foskett / David Lyall	SPCK New Library of Pastoral Care	0-281-043 86-8	accessible for pastoral workers
Travelling Together	Southwark Diocese			
Promoting Mental Health - the Role of Faith Communities	NSF/ JAMI / Cof E Board of Social Responsibility	Marston Book Services PO Box 269, Abingdon OX14 4XN		Launched on World Mental Health Day 1999
VIDEO With a little help from my friends: Working together for mental health	Produced by Bishop Stephen Sykes	The Bishop's House, Ely, Cambridgeshire, CB7 4DW	Tel: 01353 662749	£12.99 (incl. p & p) Demonstrates to ordinary people how friendship can make a difference to people with mental health problems
Pastoral care and Liberation Theology	Stephen Pattison	SPCK	0-281-05048-1	
Being There: Pastoral Care in Time of Illness	Peter Speck	SPCK	0281 04325 -6	Although not primarily mental health some useful thoughts on wholeness
Rediscovering Pastoral Care	Alistair Campbell	DLT	0 232 51695-2	

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TITLE	AUTHOR	PUBLISHER	ISBN NO.	Any comments
Spirituality and Mental Health Care	John Swinton	Jessica Kingsley 116 Pentonville Rd	1-85302-804-5	Excellent book
Watching for Wings	Roger Grainger	DLT	0232 514216	Perhaps a little dated now and very much hospital based
Prescription for Anxiety	Leslie D. Weatherhead	Arthur James	85302 2646	Vintage Weatherhead - an early mentor
A Question of Healing	Gareth Tuckwell & David Hagg	Fount	0-00-627912-0	Reflections of a doctor / priest
Dancing on the Edge	Richard Holloway	Fount Harper Collins	0-00-628041-2	Very liberating
Spiritual Pain	Doug Hiza	I.C.C.S. (1996) 140, Tabernacle St Suite 3. 1 London, EC2A 4SD 020 7336 6197	0-9529459-0-8	Not specifically about mental health but examples of people spiritual pain from Doug's experience as a priest / counsellor
Pastoral Care for Lay People	Frank Wright	SCM Press 1982	0-334-02240-1	" a thoughtful, sensitive and helpful book that shows what lies at the heart of true pastoral care".
Keeping Faith	Nigel Copsey	The Sainsbury Centre for Mental Health	Tel: 020 7403 8790	Practical project in North London linking Faith communities and mental health services
Encountering Illness	James Woodward	SCM	0 334 02620-2	
Flowers and Crosses	Rev. Andrew Wilson			Writings from the experience of a psychiatric hospital chaplain

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MENTAL HEALTH PERSPECTIVES

TITLE	AUTHOR	PUBLISHER	ISBN NO.	Any comments
Volunteers and Mental Health Befriending	Alex Parish	The National Centre for Volunteering 1998	1 897708 13 0 available from the NC.V.	Case studies, practical issues and findings in pilot NHS mental health befriending schemes
The Spiritual Challenge of Health Care	Edited by Mark Cobb and Vanessa Robshaw	Churchill Livingstone 1998	0 443 05920 9	Chapters written by many of the speakers at the Body and Soul conferences 1996/7
After the Asylums	Elaine Murphy	Faber & Faber	0-571-16357-2	Good overall review
The Road Less Travelled	M. Scott Peck	Arrow Books 1978		A psychiatrist, psychotherapist and Christian, this is essential reading.
People of the Lie	M.Scott Peck			Looking at the question of evil. He uses case studies from his own work to expound his fascinating theme.
Parents in Pain	John White	Inter Varsity Press	0-85110-414-2	Two of the best books I've read on two very
The Masks of Melancholy	John White	Inter Varsity Press	0-815110-442-8	Difficult subjects.
I'm OK, You're OK	Thomas A. Harris	Arrow Books 1995	0-09-955241-8	A practical guide to transactional analysis - can help people to gain control of themselves, their relationships and their future.

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SKILLS

TITLE	AUTHOR	PUBLISHER	ISBN NO.	Any comments
Sharing the Darkness	Sheila Caasidy	Darton, Longman and Todd	0-232-51790-8	
Still Small Voice: An Introduction to Counselling	Michael Jacobs	SPCK	0-281-03852X	
Swift to Hear: Facilitating Listening Skills in Listening and Responding	Michael Jacobs	SPCK		
Paid to Care?: The Limits of Professionalism in Pastoral Care	Alastair Campbell	SPCK	0-281-04132-6	
Listening	Ann Long			

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PERSONAL EXPERIENCE / FINDING MEANING THROUGH SUFFERING

TITLE	AUTHOR	PUBLISHER	ISBN NO.	Any comments
Free to Fail	Russ Parker			
Healing the Hurt Mind	David Enoch			
The Other Side of the Mountain	Fr. Gerald Mahoney	Darton, Longman and Todd		
Brainsquall - Soundings from a deep depression	Jim Cotter	Cairns Publications	0-85305-422-3	A personal account of depression - very honest and real
Dazzling Darkness	Jim Cotter			
Malignant Sadness	Lewis Wolpert	Faber & Faber	0-571-19172x	A personal story - another honest book
Living in the Community	Diana Rose	The Sainsbury Centre for Mental Health	Tel: 020 7403 8790	Research project into user's experience by a user - interesting findings re religious / faith community experience
Mans Search For Meaning	Victor Frankl			Victor's search for meaning in spite of the most appalling circumstances in the concentration camps
Darkness Visible	William Styron	Picador	0-830-31753-9	Devastating but hopeful
Healing the Hurt Mind	David Enoch			
The Other Side of the Mountain	Fr. Gerald Mahoney	Darton, Longman and Todd		
An Evil Cradling	Brian Keenan			Search for meaning in the face of extreme personal difficulty

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SPIRITUALITY / THEOLOGY

TITLE	AUTHOR	PUBLISHER	ISBN NO.	Any comments
Awareness	Anthony DeMello	Fount		
The Practice of the Presence of God	Brother Lawrence			Brother Lawrence's "simple" life finding God in every aspect of life.
The Little Prince	Antoine de Saint Exupery			
Happiness that Hurts	Martin Israel	Cassell	0-304-70242-0	Helps one's faith
Life of the Beloved	Henri Nouwen			
The Broken Body	Jean Vanier	Darton, Longman and Todd		
The Wounded Healer	Henri Nouwen	Image Books	0-385-14803-8	
The Prophet	Kahil Gibran	Penguin	0-14-019447-9	Lebanese poet's "counsel on human life" - translated into 20 languages
The Cry of the Deer	David Adams			
Breaking the Rules	Eddie Askew	The Leprosy Mission	0-902731-33-5	Very helpful short meditations and prayers in everyday language
Facing the Storm	Eddie Askew	The Leprosy Mission		Very helpful short meditations and prayers in everyday language